

Recovery, Stability & Opportunity

January 13–June 30, 2026 | First-half measurement summary

105

Clients in the dataset

Since the measurement app launched

95%

Currently housed

Based on monthly recovery check-ins

41%

Gained employment

Self-reported in monthly check-ins

A picture of progress beyond treatment

Crossroads tracks more than whether someone finishes treatment. Its recovery check-ins ask about housing, daily needs, employment, health, and life after programming.

WHERE THE DATA COMES FROM

105 clients appear in the January–June measurement dataset. The separate monthly recovery check-in report includes 132 check-ins from 44 clients between March 10 and June 30. Those are repeated responses, not 132 different people.

What this report highlights

- 01 Housing stability
- 02 Documents and medical access
- 03 Employment and money management
- 04 Recovery and well-being
- 05 Mental-health and recovery strengths

From Homelessness to Housing

March 10–June 30, 2026 | Monthly recovery check-ins

84%

Homeless before

Reported previous homelessness

95%

Currently housed

Includes sober living and other housing

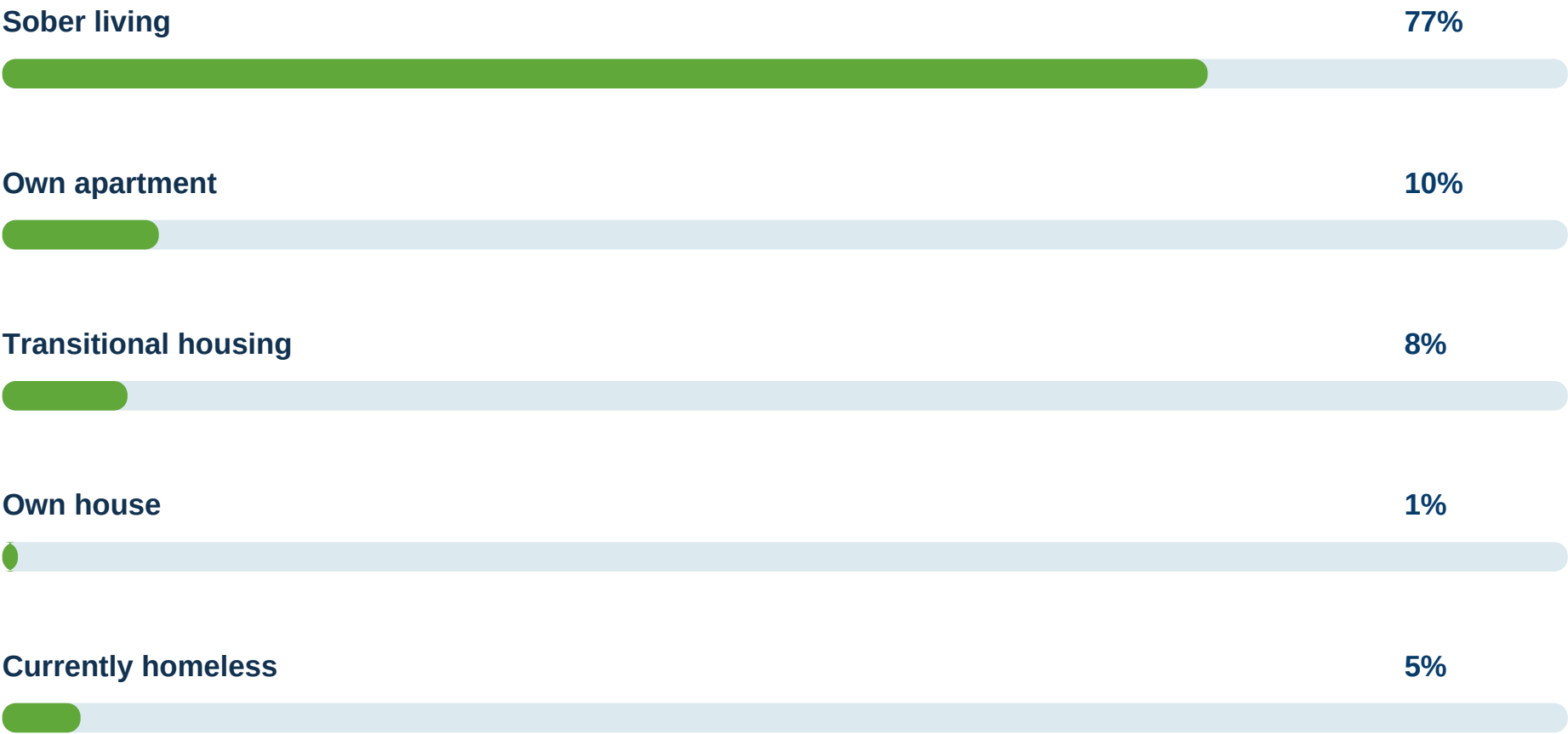
47%

3+ years homeless

Reported a long period without housing

Where respondents were living

Current housing situation



Why this matters

Housing is a foundation for getting to appointments, finding work, saving money, and staying connected to recovery support. These percentages describe monthly responses from participating clients, not all Crossroads residents.

Building Everyday Stability

March 10–June 30, 2026 | Monthly recovery check-ins

98%

Have a state ID

97%

Have a phone

75%

Have a primary doctor

Documentation and essential connections



More than paperwork

A phone, identification, and a doctor make it easier to apply for jobs, access services, and stay connected. These are the shares of check-in responses reporting that each resource was in place.

Employment & Financial Progress

March 10–June 30, 2026 | Monthly recovery check-ins

41%

Gained employment

31% reported full-time employment

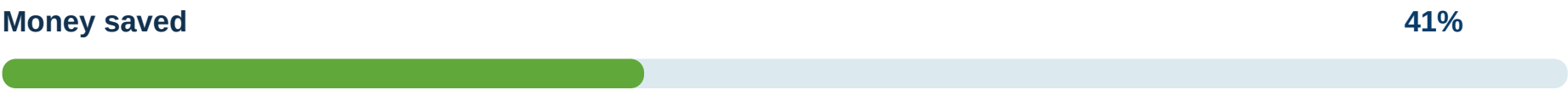
50%

Have a bank account

41%

Have money saved

Steps toward independence



Building long-term independence

Clients reported progress in work, banking, and saving. These indicators show important steps toward self-sufficiency, but they are not job-placement totals and do not establish how much income or savings clients had.

Staying Connected to Recovery

March 10–June 30, 2026 | Monthly recovery check-ins

92%

No relapse reported

Since completing programming

8%

Reported relapse

Among monthly check-in responses

A closer look at recovery

Self-reported recovery outcome



Recovery does not stop at discharge

Check-ins help Crossroads understand how people are doing after treatment, whether they stay connected to supports, and where additional help may be needed. Some respondents were current clients and some were alumni.

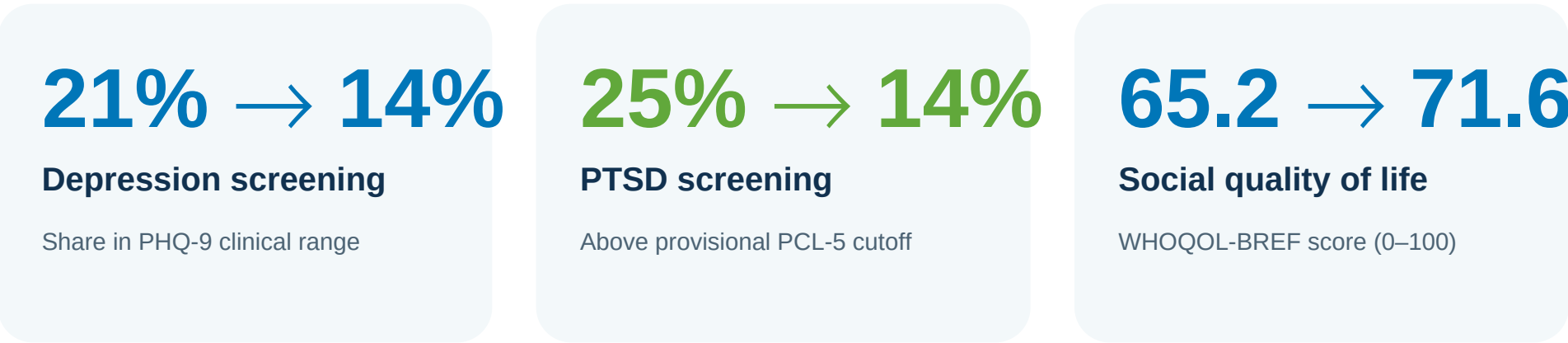
How to read the 92%

This figure represents self-reported check-in responses by participating clients. It is not proof that 92% of all discharged clients remained substance-free, and it is not a clinical toxicology result.

Mental Health & Recovery Strengths

January 13–June 30, 2026 | Standardized assessment summaries

Changes observed in smaller paired-assessment groups



Recovery capital and coping

About 88% met the strong recovery-capital threshold

Recovery capital means the practical and personal strengths people can draw on to support recovery: relationships, skills, housing, and community resources. Average BARC-10 recovery capital was high in this early sample.

What else did the assessments show?

In the first-half report, the proportion screening moderate-or-worse for depression on DASS-21 moved from 37% to 30%. Anxiety moved from 40% to 37%. The average PTSD symptom score moved from 15.0 to 11.8. These are early, directional signals, not proof of treatment effectiveness.

An important note on sample size

Although the overall dataset included 105 clients, completed clinical assessments involved smaller groups (roughly 28–37 per measure), with around 18 people in some paired comparisons. Results may change as more assessments are collected.

A Second-Quarter Snapshot

April 1–June 30, 2026 | 51 clients represented

93%

Currently housed

About 82% reported prior homelessness

45%

Gained employment

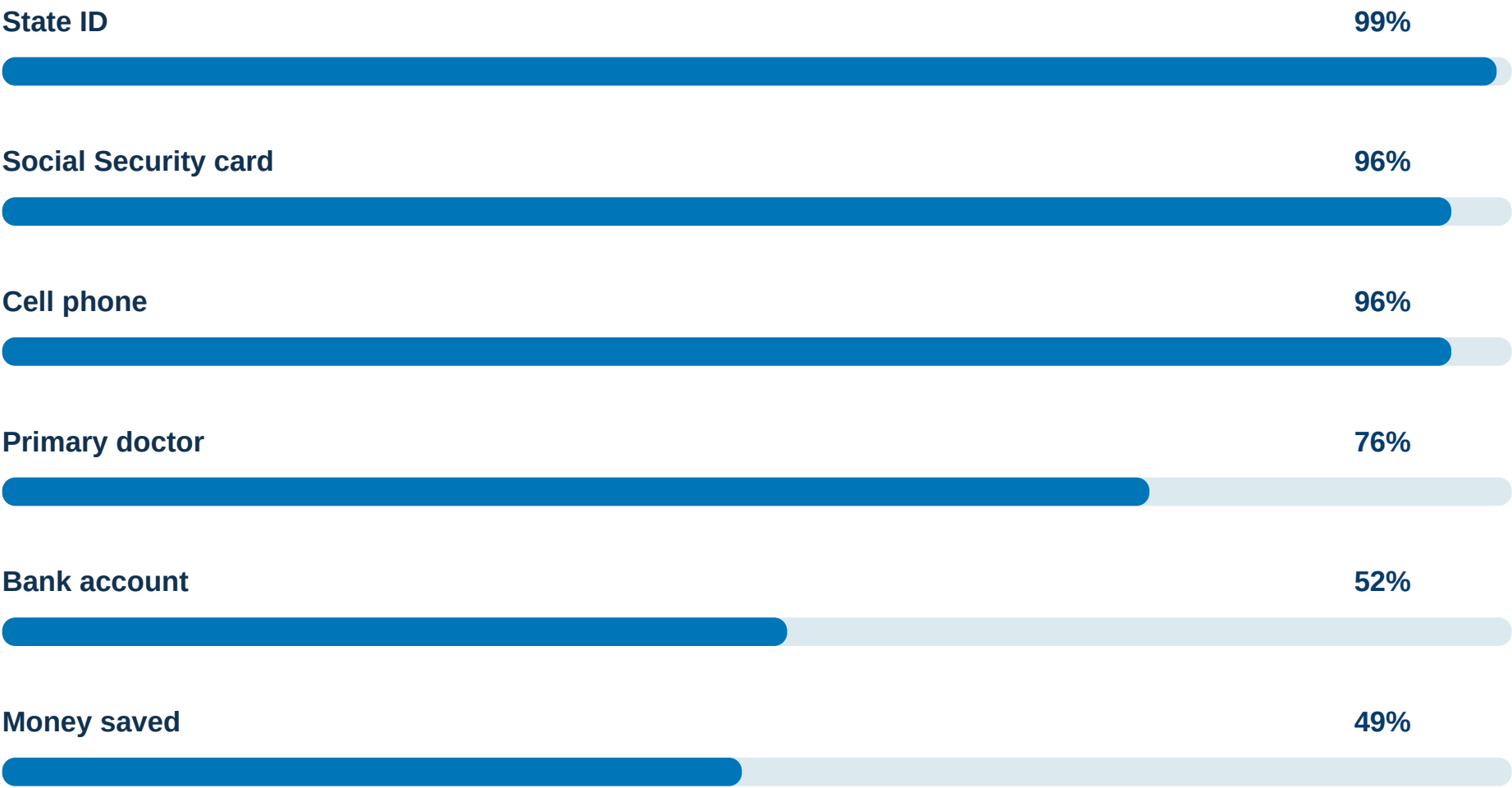
Self-reported in check-ins

94%

No relapse reported

6% reported relapse

Other second-quarter indicators



Why these results are separate

These April–June figures overlap with the first-half data. They are presented as a distinct quarterly snapshot and must not be added to the January–June totals. Clinical symptom comparisons had very small paired groups (about 5–11).