

## Program Details

- Dedicated to helping individuals aged 18-24 navigate the challenging path toward independence, wellness, and lasting stability.
- Our comprehensive approach addresses mental health, addiction recovery, and housing support, providing the resources young people need to build strong foundations for their future.
- Our evidence-based therapies, such as cognitive-behavioral therapy (CBT) and motivational interviewing (MI), help participants develop coping strategies and resilience.
- One-on-one counseling, group sessions, and peer mentorship, ensuring that every young person can connect with someone who truly understands their journey.
- Beyond treatment, our dedicated case managers assist with vital services like housing assistance, job readiness training, obtain vital documentation (State ID's, Social security cards and birth certificates) and educational support.



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# Future Forward T.A.Y. Transitional Age Youth Program



CROSSROADS  
OF SOUTHERN NEVADA

UNLV  
SCHOOL OF  
PUBLIC  
HEALTH



## UNLV Collaboration:

- The UNLV Cardiff team will work with the CrossRoads of Southern Nevada (CRSN) and team to offer workforce coaching-mentoring workshops and training for up to 30 CRSN clients per month.
- The UNLV Cardiff team will counsel and refer up to 30 clients per month on job training and placement services, as well as UNLV and College of Southern Nevada (CSN) programs: we will refer clients to the CSN GED high school equivalency program, if needed, to prepare students for college and workforce programs.
- Our UNLV School of Public Health (SPH) students are trained to focus on the social determinants of health (SDOH). UNLV SPH student-coach-mentors will assist CRSN clients, ages 18-24, transitional age youth (TAY), to use SDOH tools and community resources to acquire workforce skills and if interested, enroll in college programs as part of the CRSN TAY program.

## Shine A Light Partnership:

- Through continuity case management, Shine A Light provides:
  - Housing Stability- safe, transitional housing to reduce homelessness and a foundation for recovery with other youth on the same journey.
  - Individualized treatment: Connect youth to personalized, trauma informed treatment plans that address substance use and co-occurring challenges.
  - Education Support: Assist with re-enrollment in high school, ged completion, or higher education pathways.
  - Ongoing Support & mentorship: Build a lasting support system through peer mentorships, recovery groups and case management
- Our comprehensive case management program is designed to walk each client that chooses to participate through two years of services, from the point of contact through all individual stages of the re-entry process.

## Working Together for Recovery and Reintegration

**CrossRoads provides the first step — treatment, stabilization, and a safe place to rebuild. Clients receive clinical care, peer support, and a structured environment to begin their recovery journey.**

**Once individuals are stable, UNLV Cardiff Team offers the next step: education, job training, and career pathways. This gives people real skills and opportunities to re-enter the workforce with confidence and purpose.**

**Shine A Light supports long-term success through case management and aftercare. Case managers continue working with clients after treatment to help them stay connected to housing, employment, and community support.**